**Clearwater Gastroenterology  
Carl Dettwiler M.D. & Linda DeWitt NP  
2517 17th Street Suite B  
Lewiston, ID 83501  
208-743-4373**

**Instructions for EGD**

1. Have nothing to eat or drink after midnight before the procedure.
2. MEDICATIONS: Please take any essential medications such as heart, blood pressure, asthma, or seizure medications with water in the morning of your exam. (PLEASE BRING A LIST OF YOUR MEDICATIONS, INCLUDING VITAMINS/SUPPLEMENTS)
3. You may have small sips of water up until 2 hours before your procedure.
4. Avoid alcohol 24 hours prior to your procedure.

**\*\*\*You will need to arrange for a ride home after the procedure.**

If you have any questions please call our office at 208-743-4373.